

EDUCATION 425-4

COUNSELLING FOR THE CLASSROOM TEACHER

Spring Semester, 1981

INSTRUCTOR: A. Horvath

CAMPUS

TIME: Tuesdays, 4:30 - 8:20 p.m.

This course is intended for senior students or practising teachers who wish to explore the area of school counselling and develop some counselling skills that can be used within a classroom setting. A combination of lectures, discussion, and practice exercises will be used as a means for exploring such areas as: the role of the school counsellor, counselling systems, vocational counselling, use of standardized tests as an aid to counselling, effective communication skills.

TENTATIVE COURSE OUTLINE

1. Counselling in a School Context
 - definition of school counselling
 - origins of counselling in the school
 - what does the school counsellor do?
2. Counselling Roles I
 - the role of the counsellor in elementary school (guest speaker)
 - the role of the counsellor in a university setting (guest speaker)
3. The Role of the Counsellor II
 - the school counsellor in the secondary school (guest speaker)
 - the role of the area counsellor (guest speaker)
4. Theories of Helping I
 - the psychodynamic schools
5. Theories of Helping II
 - the client-centred approach
 - the existential approach
6. Theories of Helping III
 - behavioral approaches
 - the Glassarian approach
 - the Adlerian approach

7. Counselling Skills for the Classroom Teacher
 - skills of assessment and diagnosis: observations, testing, charting
8. Interviewing and Decision-Making Skills:
 - nonverbal communication skills
 - verbal skills facilitating communication
 - structuring the counselling intervention
9. Helping to Make Decisions and Changes
 - strategies for exploration
 - teaching skills to change perceptions
 - responsible decision-making
 - miscellaneous techniques: relaxation, contracting, time-out, contingency management
10. Group Facilitating Skills
 - the role of peers in counselling
 - effective group leadership skills
 - leadership styles
 - group problem-solving in the classroom
 - classroom management as a group process
11. Special Topics and Ethical Considerations
 - vocational counselling and job search skills
 - dealing with children of special needs
 - to mainstream or not to mainstream.....
 - the ethics of counselling

COURSE REQUIREMENTS:

1. An essay on a selected topic due no later than March 18th, 1981.
2. A small-group project of a critical review of a book or a set of articles and a presentation of the review in class.
3. FINAL EXAMINATION